

UGANDA Price Bulletin

July 2020

The Famine Early Warning Systems Network (FEWS NET) monitors trends in staple food prices in countries vulnerable to food insecurity. For each FEWS NET country and region, the Price Bulletin provides a set of charts showing monthly prices in the current marketing year in selected urban centers and allowing users to compare current trends with both five-year average prices, indicative of seasonal trends, and prices in the previous year.



Cooking banana (matoke), dry cassava chips, sorghum, millet, beans, and white maize are important food commodities for Ugandans. The staple food varies by region. Matoke is most important in the central, western, and southwestern regions; millet in the east; and sorghum in the east, north and northeast. Cassava chips, beans, and white maize are also very important for a significant part of population; cassava chips are especially important in eastern (Soroti), northern, and northwestern (Arua) Uganda. In Mbararara and Kampala, matoke is most important commodity for all households. Lira and Soroti depend heavily on sorghum and millet and also represent a supply source for Karamoja. Beans are consumed across the country, but monitored in Kampala and Lira: the latter of which is also a production area. Masindi is a production and commercial area for white maize.

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