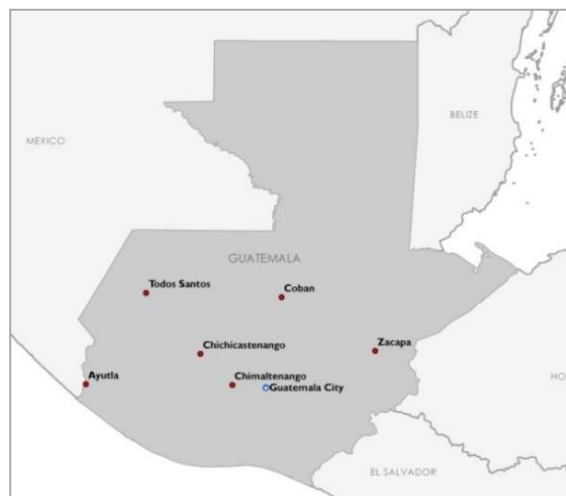
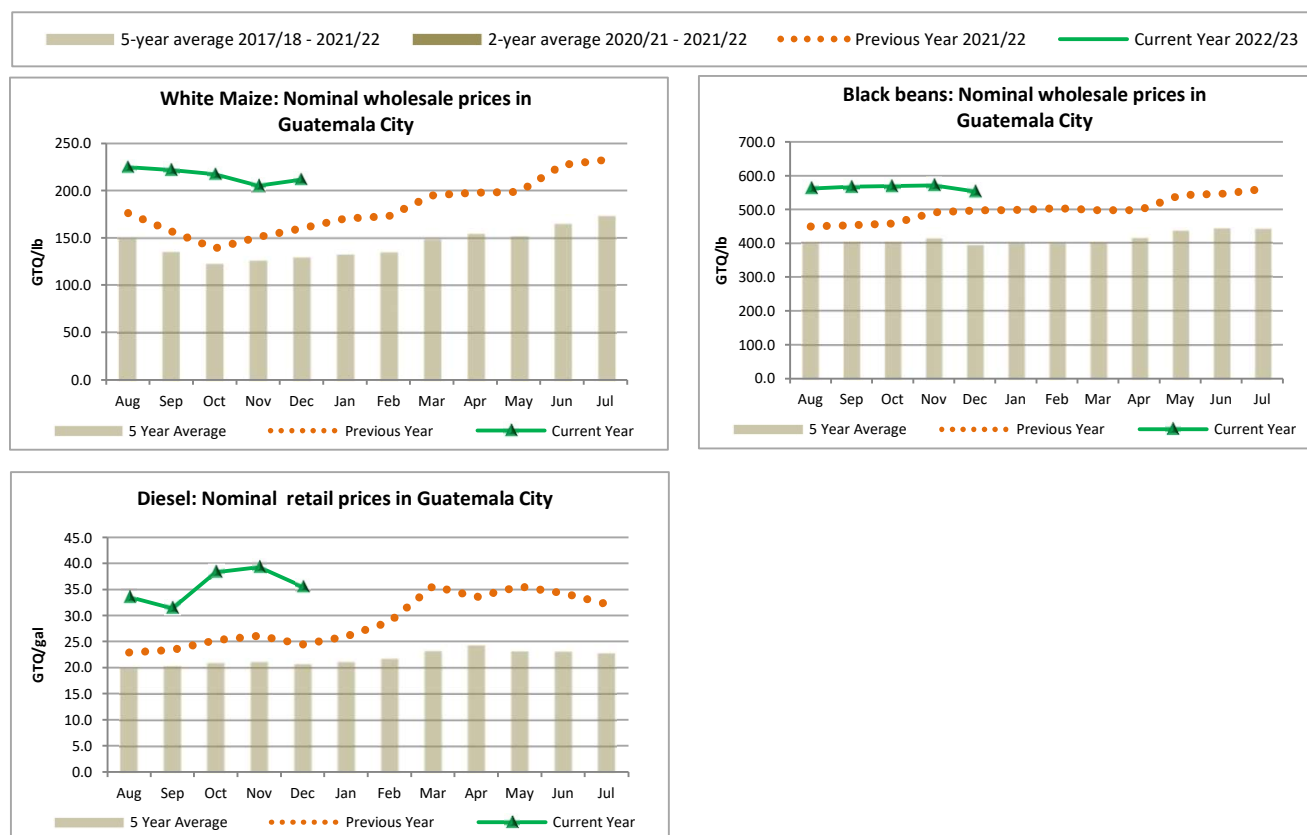


The Famine Early Warning Systems Network (FEWS NET) monitors trends in staple food prices in countries vulnerable to food insecurity. For each FEWS NET country and region, the Price Bulletin provides a set of charts showing monthly prices in the current marketing year in selected urban centers and allowing users to compare current trends with both five-year average prices, indicative of seasonal trends, and prices in the previous year.



Source: FEWS NET gratefully acknowledges the Ministry of Agriculture, Livestock and Food (MAGA/DIPLAN) and the Ministry of Energy and Mines (MEM) of Guatemala for the market data and information used to produce this report.

Maize is the main source of calories and protein in the Guatemalan diet. White maize is more heavily consumed than yellow maize, but the latter is preferred in some regions and used as poultry feed. Every Guatemalan household consumes black beans: as a protein source it is a particularly valuable complement to cereals in regions where households have limited access to animal products. Consumption habits are strongly linked to tradition and culture. Rice is mainly consumed in urban and peri-urban, but some rural households consume it as well. Guatemala is highly dependent on imported rice. The market in Guatemala City is the largest in the country and feeds the highest concentration of the population.



FEWS NET: Guatemala Price Bulletin, January 31, 2023