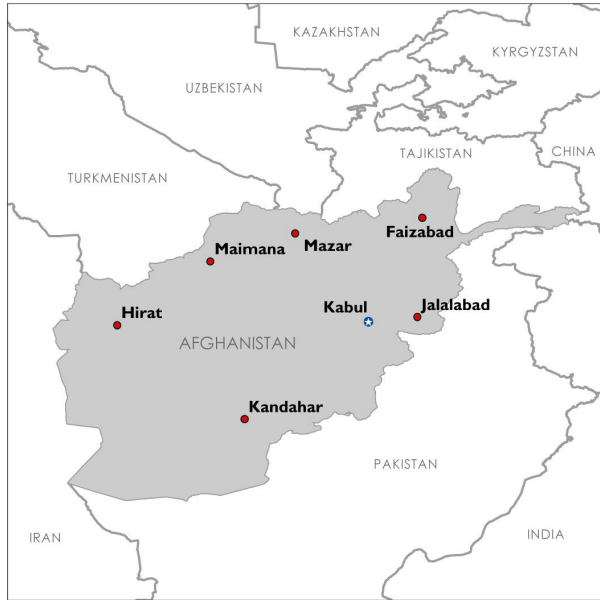


AFGHANISTAN Monthly Price Bulletin

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Wheat is the staple food for most Afghans, comprising more than 70 percent of their diet. Low-quality rice is a poor, but sometimes necessary, substitute. All markets represent significant population centers and consumer markets. Kabul, the capital, supplies the central provinces and is a transit point between the north, south, east, and west. Jalalabad supplies the eastern part of the country and acts as a cross-border market with Pakistan. Mazar-e-Sarif supplies northern provinces and, in a good year, the southern provinces as well. Faizabad supplies the chronically food insecure northeast region. Maimana market supplies the drought-prone northwest region. Hirat supplies the west. Kandahar supplies the southwestern part of the country where drought, civil insecurity, and war often hinder market activity.

Monthly prices for Afghanistan are supplied by WFP VAM and the Ministry of Agriculture, Irrigation, and Livestock.

